



## Surgery Check List

- Read and complete packet of information and bring it with you to your visit.
- Completely read our consent form in advance.
- Please be sure you can identify the site(s) for surgery BEFORE your appointment date. We ask your assistance because the biopsy site at times will heal, making it difficult to locate. You can help us identify the location of your skin cancer by taking a photograph for reference. Please refer to the Biopsy Site Location and Submission Photos instructions. We are happy to assist you in obtaining a photograph by presenting to our office prior to your day of surgery. Please call our office at (540) 953-2210 to schedule a time for one of our clinical team members to obtain a photograph prior to your surgical appointment.
- Get a good night's sleep before your surgery.
- Unless instructed otherwise, please have a light breakfast prior to surgery.
- Arrive 15 minutes prior to your scheduled appointment time.
- **Be prepared to stay at our office several hours.**
- Please continue any medications that you take on a daily basis, unless otherwise instructed. This includes any physician prescribed aspirin, Coumadin, Warfarin, Plavix and all similar drugs. Bring a detailed list of medications to your appointment. Include the medication name, dosage and frequency for all prescribed medications, over the counter medications and supplements.
- Make sure you have taken your physician prescribed pre-operative antibiotics if necessary before surgery.
- Stop smoking for a period of two weeks before and two weeks after your surgery to improve wound healing.
- Arrange to have a friend or relative drive you home following this or any surgical procedure.